Sentier de l'ail

2 Easy | 2 h 30 | 7.1km | 231m | -230m | Loop

Departure : Mercadial roundabout in Lautrec
Arrival : Same place as the starting point
Markings : PR
Cities : 1. Lautrec

With the Voie Verte and its many paths, there is only one step to discover Lautrec and its hilly landscapes.

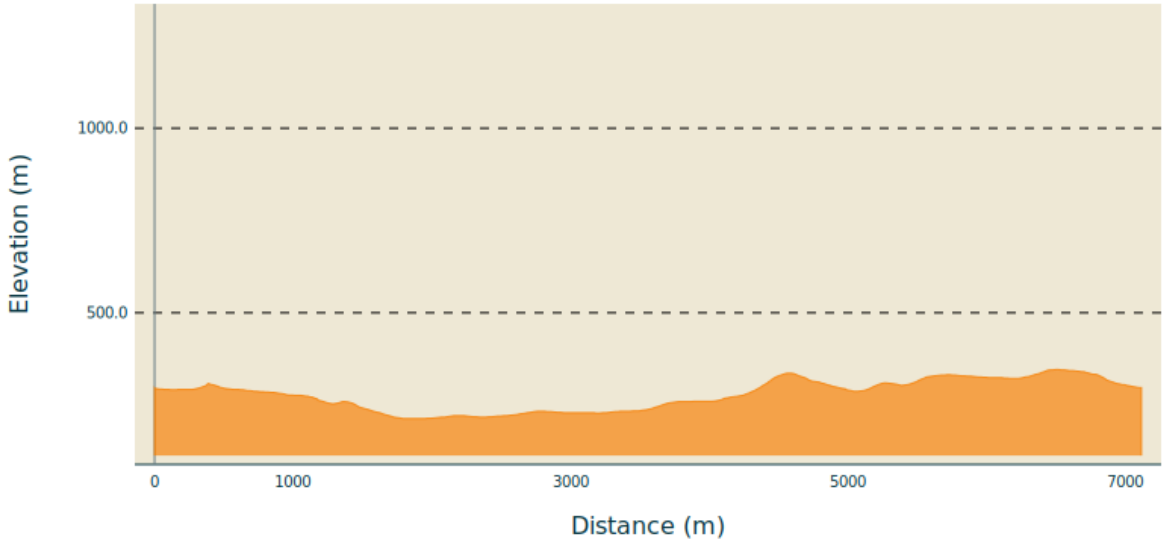
Download the pdf sheet of the trail

Information Desks

Bureau d'information touristique de Lautrec
Rue du Mercadial, 81440 Lautrec

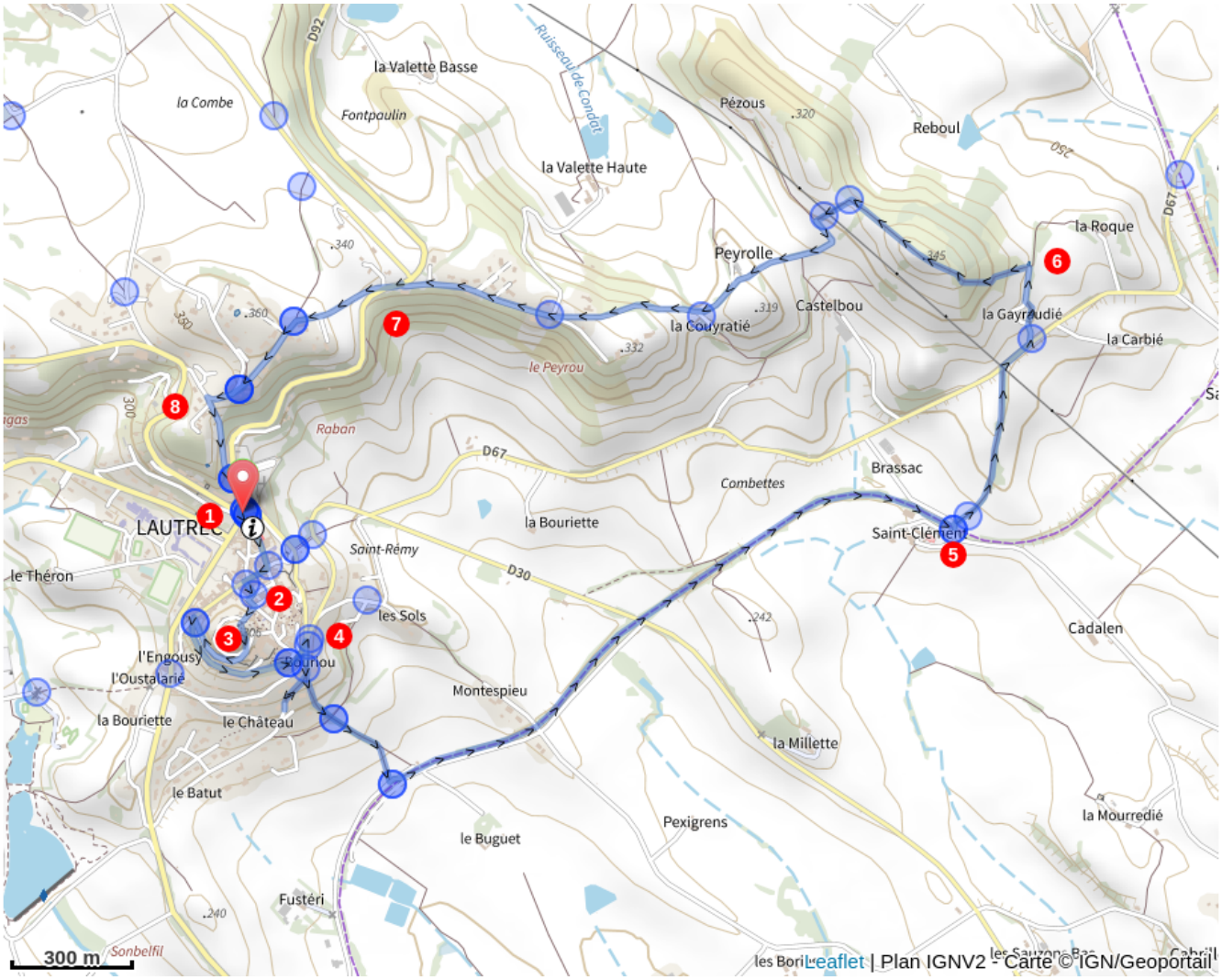
lautrectourisme81@gmail.com
Tel : 05 63 97 94 41
http://www.lepaysdecocagne.fr

Altimetric Profile



Min elevation 213 m Max elevation 346 m

SURICATE
RÉPUBLIQUE FRANÇAISE
SIGNALER UN PROBLÈME
sentinelles.sportsdenature.fr



Description

1. At the Mercadial roundabout, take the street of the same name to reach the village centre and its central square (Place des Halles). Cross the square then turn left via the Jules Ferry passage. On the square, go right then left: Rue du St-Esprit.

2. At Place de l'Ayral, turn right and climb the steps via the "montée du moulin". Continue to reach the Lautrec windmill.

3. On the steps of the mill, take the path that goes back down. At the bottom, go down to the left then right on the road. At the crossroads, turn left towards Vénès/Roquecourbe. Continue straight on along the allée des promenades for 400m.

4. At the crossroads, go down in a hairpin bend to the right for 45m, then turn left onto a grassy path. Stay on your right. Follow it for 200m and turn left to reach a crossroads. Take the path on the right, it joins the greenway. At the car park, turn left onto the 1.7km greenway.

5. At the intersection of the first road, turn left. Immediately opposite, take a grassy path that climbs, along an oak hedge. At the road, head right then left towards a farm.

6. Opposite the water tower, climb left on a steep slope that takes you to the foot of the EDF pylons. Continue along this ridge path which offers a panoramic view of the Montagne Noire and the plains of Castres and Réalmont. At the bottom of my ridge, turn left at right angles. At the tarmac, follow the road on the left until the D92, a very hilly road.

7. At the D92, turn left (be careful) for 60m. Cross and climb right towards Cantegrel. Go straight on.

8. Before the D83, turn left on a pavement towards La Rouquette. The pavements become a bitumen road. At the bottom, at the entrance to Lautrec, turn right to return to the starting point.

Le Département du Tarn s’engage pour le développement maîtrisé des sports et activités de nature, en proposant une offre qualifiée. Retrouvez l’intégralité de cette offre sur le site et l’application mobile gratuite Tarn Pleine Nature