

# Three Lakes Trail - Sentier des trois lacs



② Easy ⌚ 2 h 30 <> 8.2km ↗ 220m ↘ -220m 📍 Loop

**Departure** : Lac de Nabeillou, Graulhet

**Arrival** : Same place as the start

**Markings** : — PR

**Cities** : 1. Graulhet

At the edge of Graulhet, discover the charms of the wildlife around Lake Nabeillou and the adjacent forest: squirrels, nightingales, dragonflies, butterflies, and water turtles, among others, will guide your walk. Also, enjoy the breathtaking views of the Graulhet countryside, with its rolling hills and vibrant colors.



## Labellisé FFRandonnée® Tarn

Cet itinéraire est labellisé FFRandonnée®. Il fait partie du réseau tarnais de chemins validé et reconnu par la Fédération Française de la Randonnée et les partenaires du Tarn comme de qualité supérieure.

## Information Desks

### Office de tourisme - Accueil de Graulhet

rue Saint-Jean, 81300 Graulhet

info@latoscaneoccitane.com

Tel : 0 805 400 828

<https://www.la-toscane-occitane.com/>

### Office de tourisme - Accueil de Gaillac

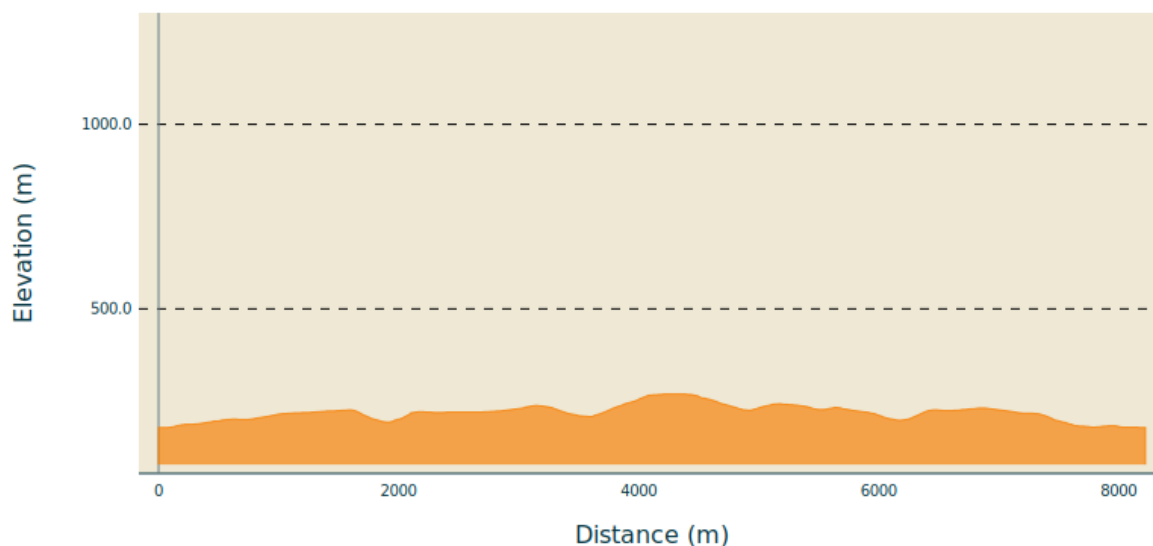
Place de la libération, 81600 Gaillac

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## Altimetric Profile



Min elevation 178 m Max elevation 269 m



## Description

- 1 From the parking lot, follow the gravel path up to a farm. Pass in front of the farm, then turn right into the housing development. Continue uphill for about 200 meters, then turn left towards the Notre-Dame-des-Vignes chapel. Facing the cemetery wall, turn left, then right at the corner. Pass to the left of the monument. Descend via a small road. At the road junction, turn right and reach an intersection.
- 2 Turn left into a downhill alley and reach a crossroads of paths. Ascend right on a gravel path. A lake is on the left. Reach a road and turn left until you reach a crossroads.
- 3 Turn left towards Souque and Vivier. Walk for about 150 meters, then turn right onto a grassy path towards Vivier. Reach a road and turn right for about 80 meters. -> To the right, off the trail, there is an option to visit Lake Miquelou (a 2.5 km round trip).
- 4 Turn left at Capelette, then left again at a road intersection. At the first crossroads, continue straight towards Saint-Paules and Les Escudiés. At the second crossroads, descend straight on a gravel path. Ascend straight on the path you took earlier. Continue straight to a road intersection.
- 5 Turn right. Pass Pradarié, then turn right onto a grassy path. Pass beside an orchard, then immediately turn left. Walk along the edge of fields and descend through a woodland.
- 6 At the bottom of the wood, on a path, turn left. At a crossroads under poplars, turn right. Follow along the right side of Lake Nabeillou and return to the starting point by crossing the dam.