

Sentiers de clochers



③ Medium ⌚ 3 h <> 10.4km ↗ 213m ↘ -211m 🔔 Loop

Departure : Parking at the bottom of Técou

Arrival : Same location as the starting point

Markings : — PR

Cities : 1. Técou

2. Cadalen

Straddling the communes of Técou and Cadalen, the trail takes you through fields of various crops, vineyards, and forests. You will admire and enjoy the relaxation of this lush countryside, "dotted" with medieval villages that can be seen in the distance, thanks to their bell towers.

📍 Is In The Midst Of The Park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



Labellisé FFRandonnée® Tarn

Cet itinéraire est labellisé FFRandonnée®. Il fait partie du réseau tarnais de chemins validé et reconnu par la Fédération Française de la Randonnée et les partenaires du Tarn comme de qualité supérieure.

📍 Information Desks

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rue Saint-Jean, 81300 Graulhet

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Tel : 0 805 400 828

<https://www.la-toscane-occitane.com/>

Office de tourisme - Accueil de Gaillac

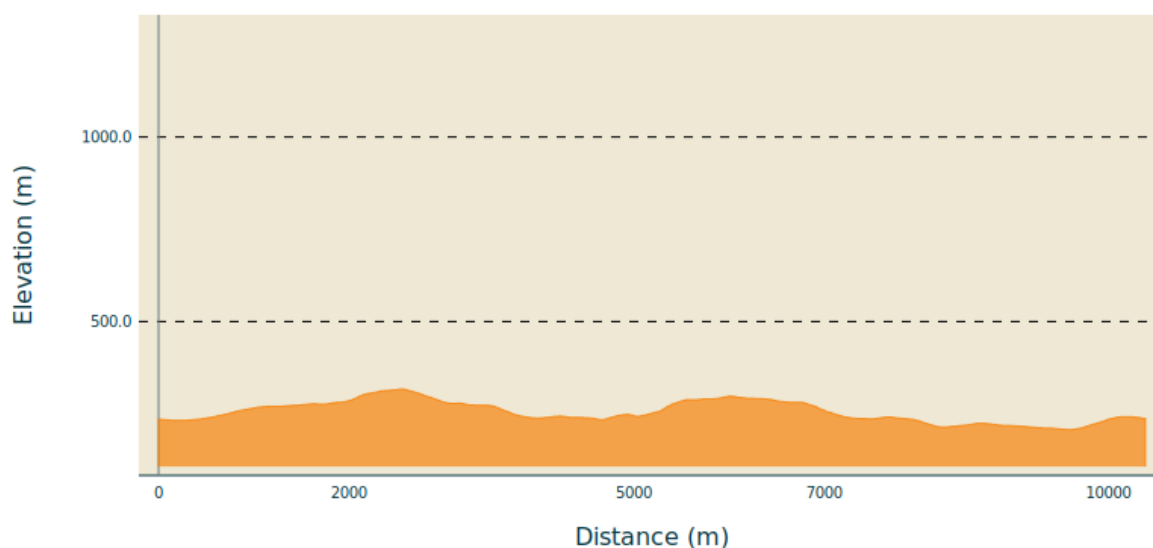
Place de la libération, 81600 Gaillac

info@latoscaneoccitane.com

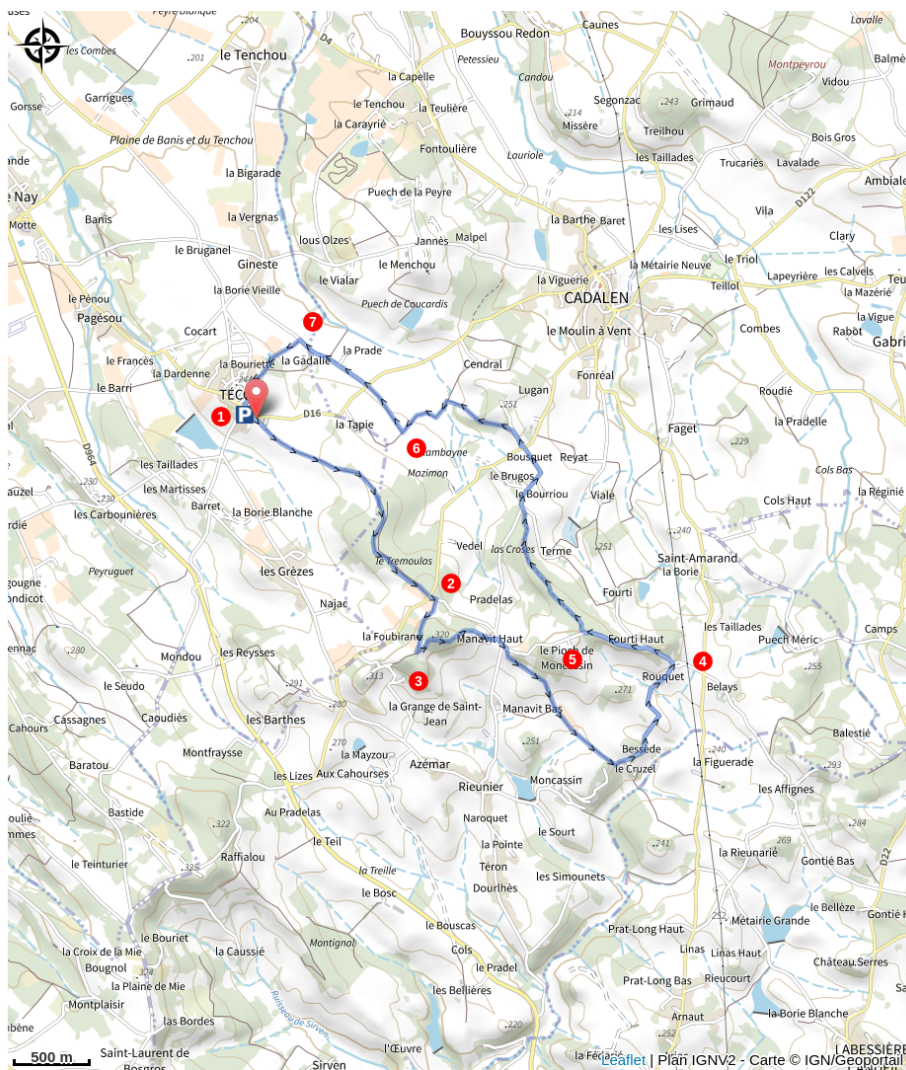
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Altimetric Profile



Min elevation 207 m Max elevation 317 m



Description

- 1 From the roadside parking lot south of the village of Téco and towards Cadalen, go up the path. Ignore the one on the right. At the end of the vineyards, enter the undergrowth. Continue straight. Cross the D6, and 50 meters further, reach a fork.
- 2 Go right; the path climbs through vineyards for 150 meters then turns left. Option to go to Saint-Jean-du-Vigan on the right (church and 360° viewpoint).
- 3 Follow the path that turns left. Cross the hamlet of Manavit-Haut. At the exit of the locality, turn right. At the road junction, go left and then, 20 meters later, go right onto a grassy path. Continue straight. This grassy path passes near vineyards then through fields and emerges onto a road; take it to the left. Cross Rouquet and reach a road intersection.
- 4 Climb to the left. About 200 meters further, ignore a road on the right, then ignore the first path that goes to the right into the woods. A few meters further, reach a fork.
- 5 Go right into the forest. At the exit (viewpoint), go straight down along the woods and emerge onto a road, taking it to the right. At the intersection, cross the departmental road, climb straight up, then take a grassy path to the left. Ignore a path on the right and continue straight. At an intersection of paths, turn left. Follow a stream for about 50 meters, then cross it via the footbridge. Continue straight to arrive, 250 meters before a stone house, at an intersection.
- 6 Turn onto the right path that runs through cultivated fields. At the road, continue straight towards La Prade, La Gadalié.
- 7 Climb to the left on the grassy path that leads to the village of Téco. Upon reaching the road, go left. Follow the cemetery. At the intersection of the roads, follow the direction "Cadalen" to the left to return to the starting point.