Les collines du Vaurais

Hard | 5 h 15 | 21.0km | 398m | -398m | Loop

Departure : Pont Saint-Roch at Lavaur
Arrival : Same place as the starting point
Markings : PR
Cities : 1. Lavaur
2. Massac-Séran
3. Teyssode
4. Marzens

A city in Occitania, severely marked by the crusades against the Cathars, Lavaur soothes itself in the gentle hills of the land of "Cocagne".

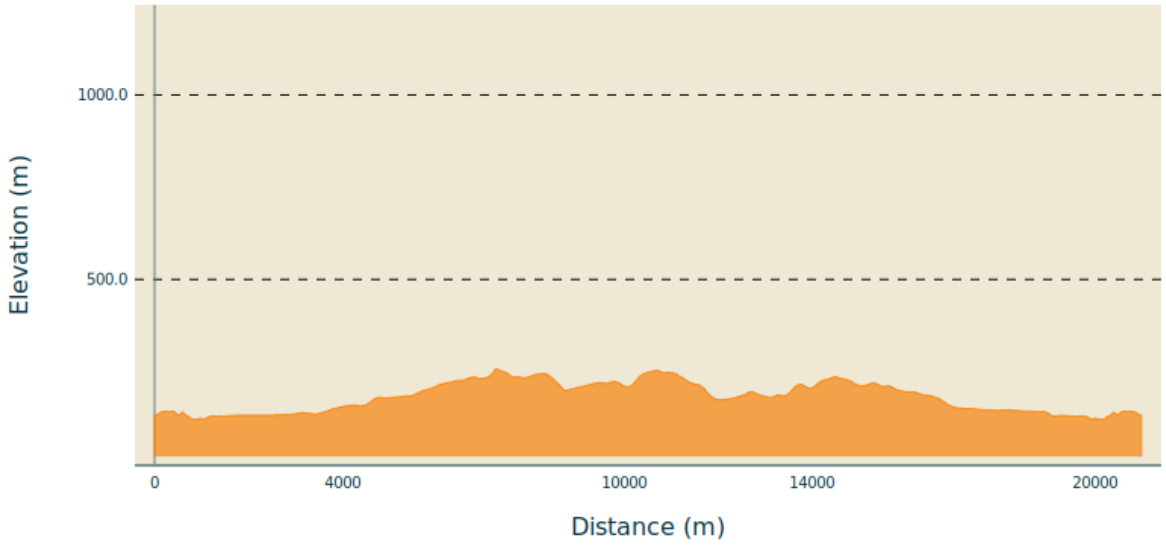
Download the hiking sheet in PDF format

Information Desks

Bureau d'information touristique de Lavaur
35 Grand'Rue, 81500 Lavaur

tourisme@cc-tarnagout.fr
Tel : 05 63 41 89 50
http://www.lepaysdecocagne.fr

Altimetric Profile



Min elevation 120 m Max elevation 258 m

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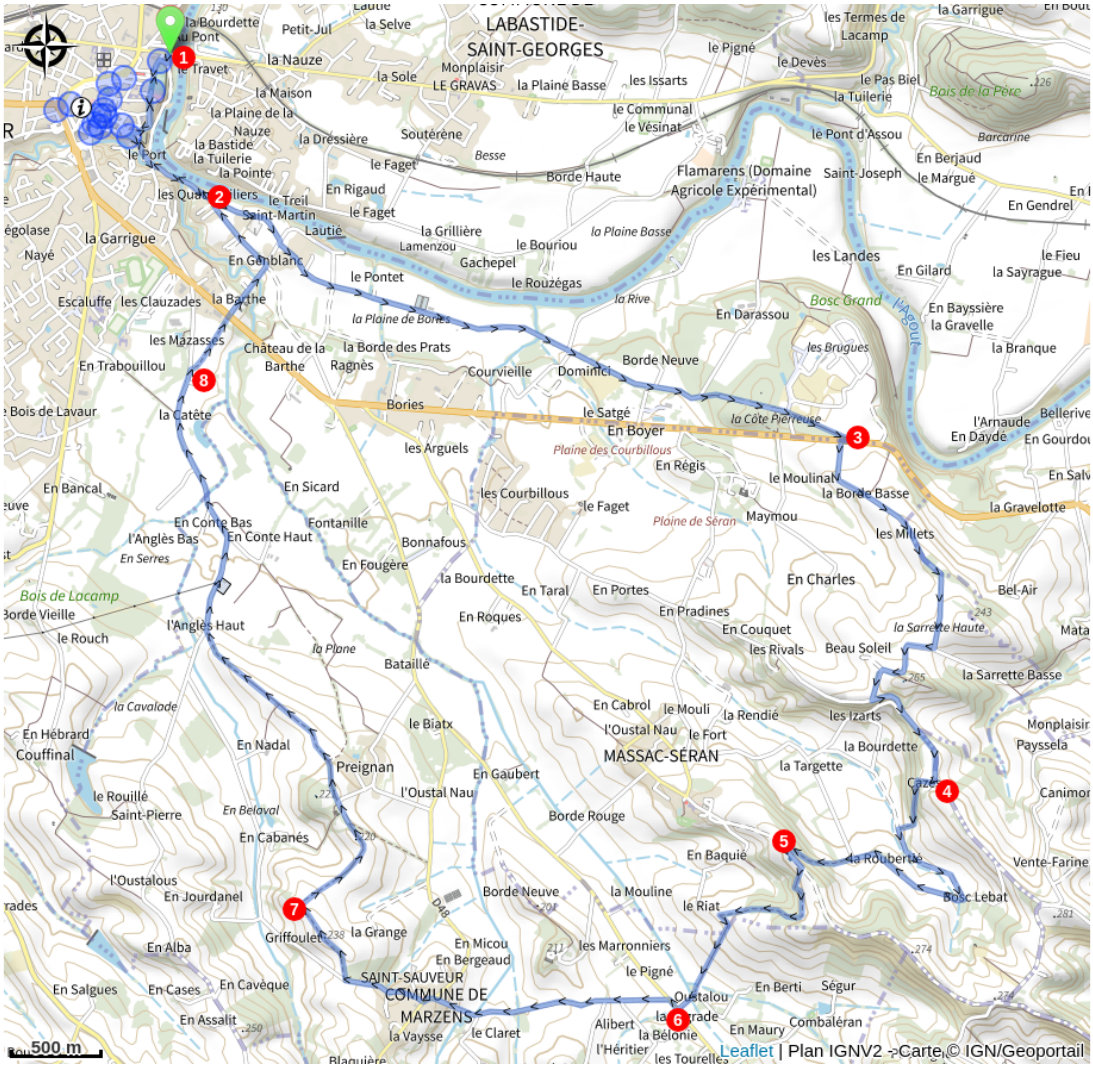

Description

1. At the Saint-Roch bridge, go down Rue de la Mégisserie for a few metres then take the street on the right. On the left, go along the bishopric garden then the Saint-Alain cathedral. Continue along Rue Villeneuve, Rue Dame-Guiraude, then Rue du Port which you go down. Ignore the road on the bank; 20 m later, continue left.

2. Turn left. At the crossroads, go straight ahead towards La Plaine. Continue straight on. At the Borde-Neuve junction, go along the path opposite. At the junction in the undergrowth, turn right and go straight on.

3. Turn right onto the shoulder of the D 112. Cross it and turn left towards Le Moulinal. Follow the tarmac extended by a path. At the junction, turn right and go up onto the tarmac. At the junction of the Beau-Soleil access, go left. At the road, go down to the left, then straight on.

4. In front of Cazès, turn right twice on the grassy path. On the track below, turn left. In front of Bosc-Lébat, turn sharply to the right on the tarmac. At the bend, leave the road for the path on the left.

5. Turn left on the Roman road, pass the reservoir and, 30 m later, go down to the right between two crops (! > private property: be respectful!) towards the chapel at the edge of the woods. Continue to the left. At the Riat, turn left then right and go along the hedge. Take the Oustalou service road on the right.

6. On the D 12, go right; 20 m further on, turn left towards Marzens. Go straight up. At the D 48, turn left, then right at the corner of the town hall towards the church. Continue on the tarmac. At the top of the hill, take the path on the right.

7 At the corner of two fields, turn right between the two crops (! > private property: be respectful!). In front of the Château de Preignan, cross over to the path opposite. At Anglès-Haut, turn right onto the road. Continue straight on.

8 30 m after the Fourestête junction, turn onto the path on the right. Cross the D 112. In front of En Jean-Blanc, turn left. Return to point 2, go back up the starting route.

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