Le chemin des oiseaux

Very easy | 2 h 30 | 5.7km | 16m | -16m | Loop

Departure : Base parking
Arrival : Same place as the starting point
Markings : PR
Cities : 1. Saïx
2. Cambounet-sur-le-Sor

On an area of more than 80 ha, leisure activities and a bird sanctuary coexist. Myriads of birds can be observed from the established observatories.

Download the hiking sheet in PDF format

Advices

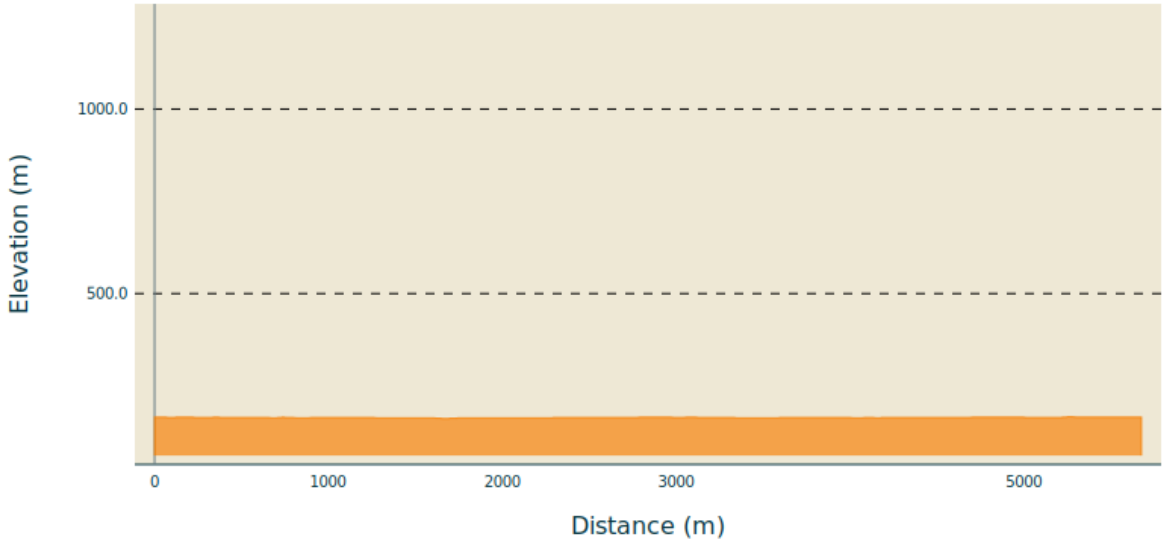
To fully enjoy these privileged bird views without disturbing them, it is advisable to bring a pair of binoculars. The morning and the end of the day are the best times for observation.

Information Desks

Bureau d'information touristique de Puylaurens
rue de la République, 81700 Puylaurens

accueil.tourisme@communautesoragout.fr
Tel : 0 800 74 65 81
http://www.lepaysdecocagne.fr

Altimetric Profile



Min elevation 161 m Max elevation 166 m

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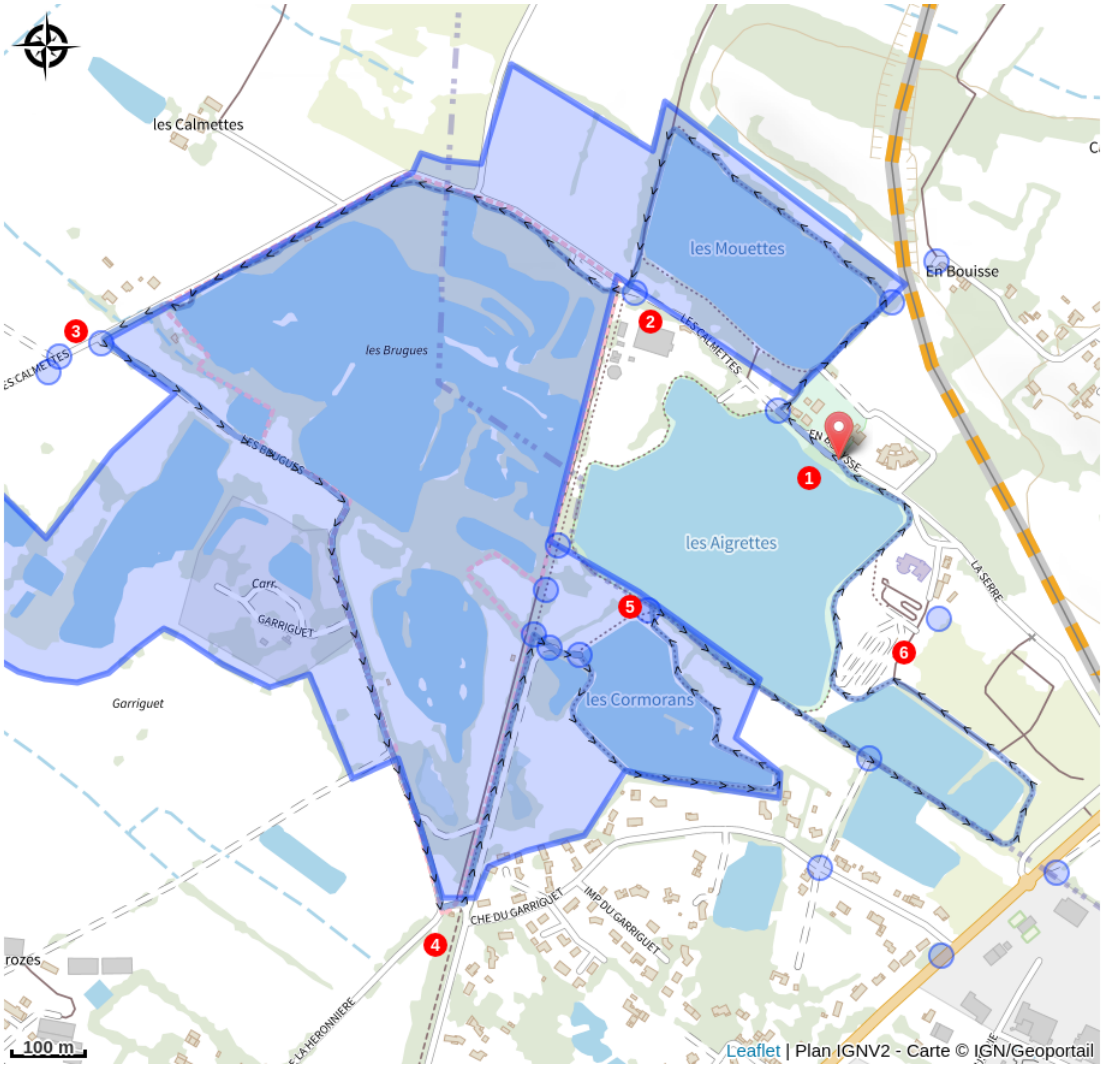
sentinelles.sportsdenature.fr



Description

! > Discretion is required to observe the birds.

1. From the car park, join the access road and go straight towards the buildings located opposite the pond. In front of the departure sign, follow the direction "Chemin des oiseaux" and go along the pond. At the crossroads, turn right, pass in front of the sailing school and leave the road for the sandy track on the right. An avenue of poplars marks the path along the pond to the equestrian center.

2. Leave the pond and turn right towards the car park in the direction of the regional reserve: a small sandy path delimited by rocks leads to the observatories through the woods. After 100 m, a wooden cladding hides the view on the right: it is an observatory that allows a glimpse of part of the pond (! > observatory!). At 300 m, a second observatory on stilts gives a clear view of the reserve. From these facilities, you can discreetly observe the birds in their habitat. Continue straight ahead, go around the car park and follow the road along the guardrail.

3. At the crossroads, turn left onto a gravel track. After 400 m, continue on the main track past the observatory (! > view of the ponds!) and continue straight ahead.

4. Cross the car park and the reserve information point, and turn left onto a sandy path. Follow the line of oaks, pass the barrier and the reserve regulations. After 250 m, leave the main track for a small path on the right towards the two ponds. At the crossroads, turn right. Follow the direction "Chemin des oiseaux" and go along the larger pond.

5. At the large crossroads, turn right, pass in front of the benches, then immediately right towards the upstream part of the pond. At the rockfill, leave the path, pass the barrier and continue straight on the track. After 90 m, take the small path between the two lakes, follow the direction "Chemin des oiseaux", cross the footbridge and continue the path in the poplar grove.

6 In front of the BMX course, turn left then right. Follow the lake towards the fitness trail and the buildings.