MTB route no.31 Larroque

Easy | 2 h | 18.5km | 333m | -334m | Loop

Departure : Town Hall Square in Milhars
Arrival : Same place as the start
Markings : VTT
Cities : 1. Milhars
2. Le Riols
3. Saint-Martin-Laguépie

Pleasant yet challenging rolling route to discover the Le Riols enclave.

Information Desks

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10 route de Cordes, 81170 Milhars

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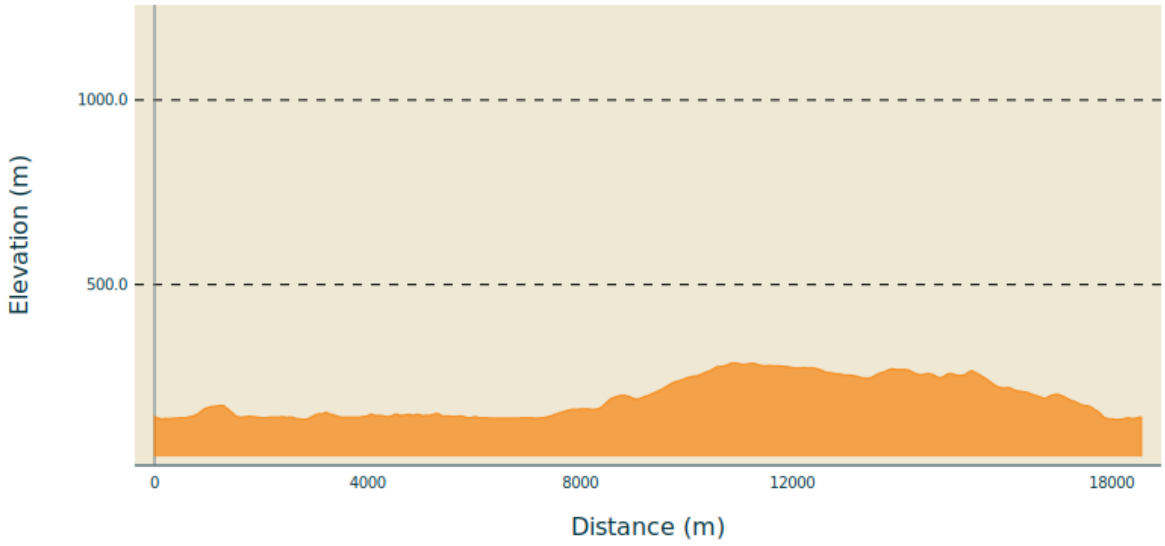
Altimetric Profile



Min elevation 134 m Max elevation 288 m

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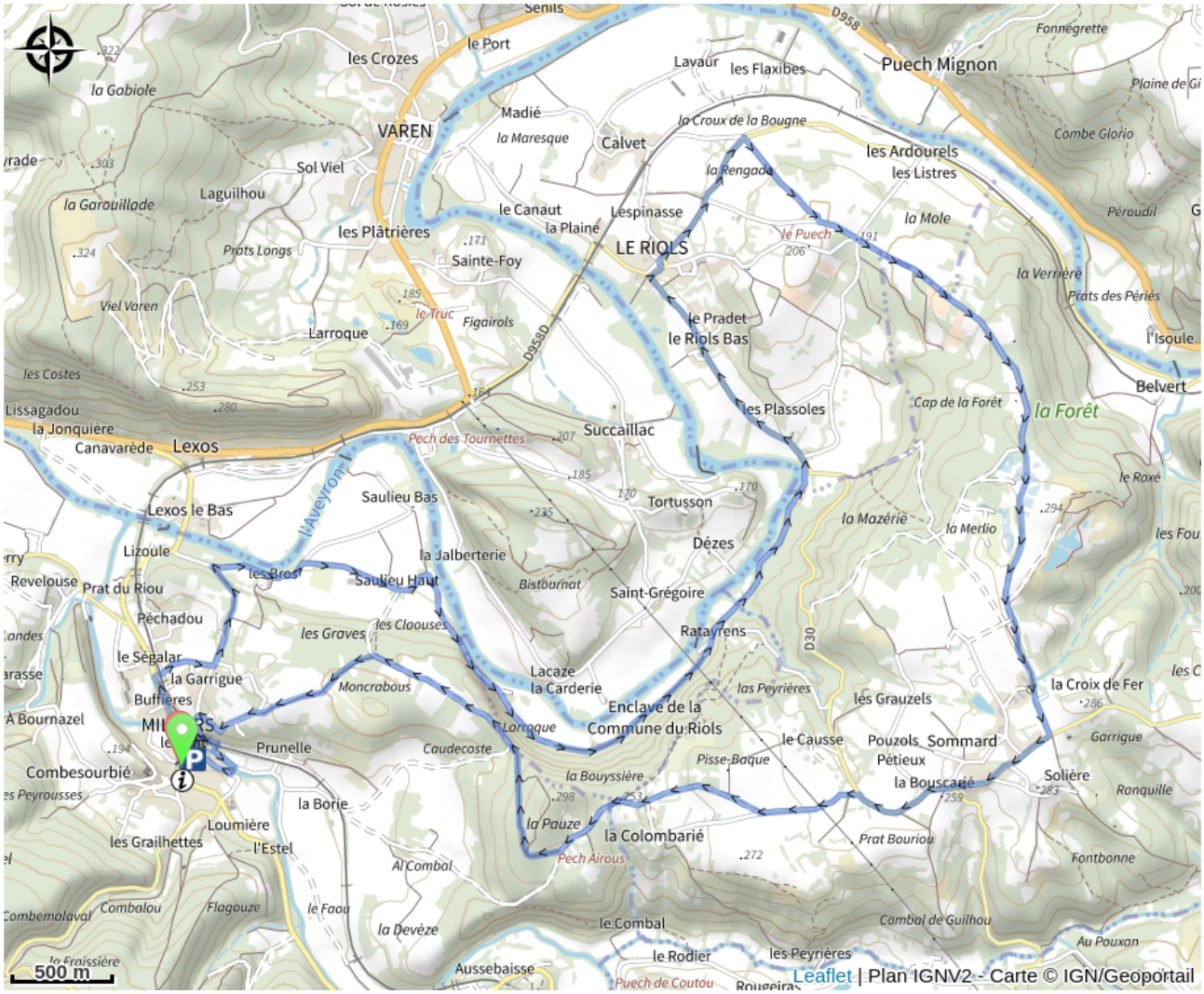
SIGNALER UN PROBLÈME
sentinelles.sportsdenature.fr



Description

Starting from Milhars, you ascend via the road to La Garrigue and follow the path through the woods until you reach the Saulieu road. Turn right and continue towards Saulieu Haut, which you pass through, then take the rocky path to the church of Larroque. Continue on the gravel road to Ratayrens, and from there, proceed to the hamlet of Riols Bas, then to the village of Le Riols.

Upon exiting the village after the cemetery, at the crossroads on the right with a charming small painted wrought iron cross, take the paved road and ascend from there to the heights and towards the sand and gravel quarry, which you cross to continue towards the village of Sommard. On the descent after the village, take the road to La Colombarié on the left, then turn right onto the gravel path. Then, descend back towards Milhars through woods and fields. Finally, after crossing the Cérou via the footbridge, you return to Town Hall Square.

Le Département du Tarn s'engage pour le développement maîtrisé des sports et activités de nature, en proposant une offre qualifiée. Retrouvez l'intégralité de cette offre sur le site et l'application mobile gratuite Tarn Pleine Nature