

# MTB route no.29 Marnaves vert



① Very easy ⌚ 30 min <> 5.2km ⬆️ 66m ⬇️ -66m 📍 Loop

**Departure** : Parking opposite the cemetery in Marnaves

**Arrival** : Same place as the start

**Markings** : 🚩 VTT

**Cities** : 1. Marnaves

A beginner-friendly hike in a pleasant setting.

## 🏆 Labellisé Site VTT-FFC®

Ce circuit fait partie d'un Site VTT-FFC®, reconnu par la Fédération Française de Cyclisme comme un territoire regroupant une offre VTT de qualité.

## 📄 Information Desks

### Office de tourisme - Accueil de Cordes-sur-Ciel

Maison Fonpeyrouse, 34 Grand rue Raimond VII,  
81170 Cordes-sur-Ciel

info@latoscaneoccitane.com

Tel : 0 805 400 828

<https://www.la-toscane-occitane.com/>

### Office de tourisme - Accueil de Milhars

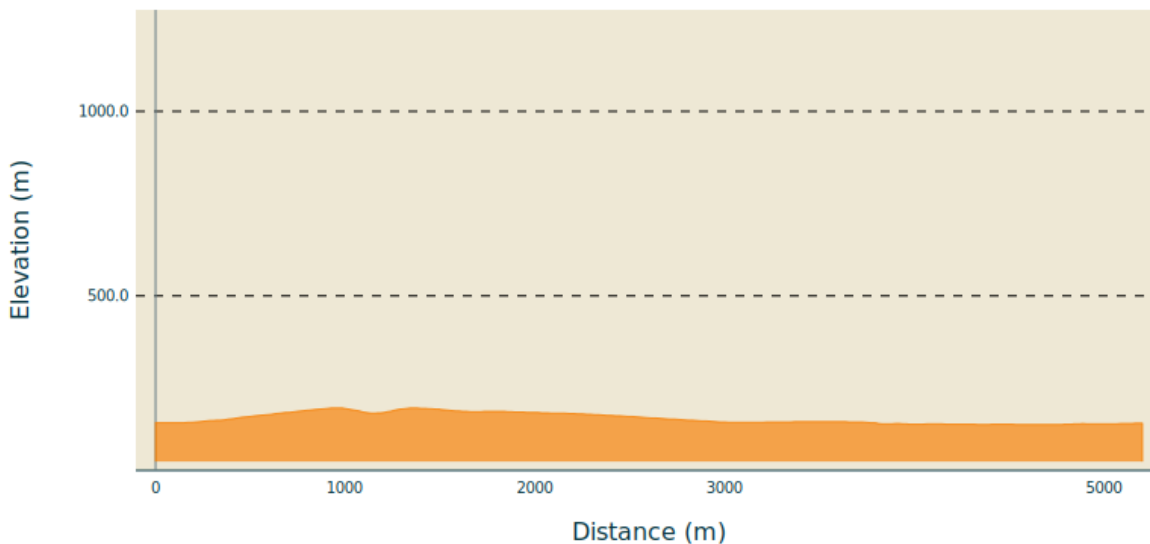
10 route de Cordes, 81170 Milhars

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## Altimetric Profile



Min elevation 151 m Max elevation 196 m



## Description

Starting from Marnaves and its picnic area, follow the Chemin de Lissart and then take the trail through the woods. Continue along the cultivated fields until you reach the departmental road (DR). Walk along the DR before returning by the gravel path that runs alongside the railway line. Finally, cross the railway line and return to the parking area via the DR.