

MTB route no.19 Grand Penne



④ Hard ⌚ 4 h 30 <> 42.1km ↗ 1224m ↘ -1221m 🔔 Loop

Departure : Village Hall of Penne

Arrival : Same place as the start

Markings : ▶ VTT

Cities : 1. Penne

2. Bruniquel

3. Castelnau-de-Montmiral

4. Vaour

5. Roussayrolles

6. Saint-Michel-de-Vax

7. Saint-Antonin-Noble-Val

The best of the area around Penne in a single 42 km circuit that combines routes 15, 17, and 18.

Labellisé Site VTT-FFC®

Ce circuit fait partie d'un Site VTT-FFC®, reconnu par la Fédération Française de Cyclisme comme un territoire regroupant une offre VTT de qualité.

Information Desks

Office de tourisme - Accueil de Cordes-sur-Ciel

Maison Fonpeyrouse, 34 Grand rue Raimond VII,
81170 Cordes-sur-Ciel

info@latoscaneoccitane.com

Tel : 0 805 400 828

<https://www.la-toscane-occitane.com/>

Office de tourisme - Accueil de Penne

Le Village, 81140 Penne

info@latoscaneoccitane.com

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Office de tourisme - Accueil de Gaillac

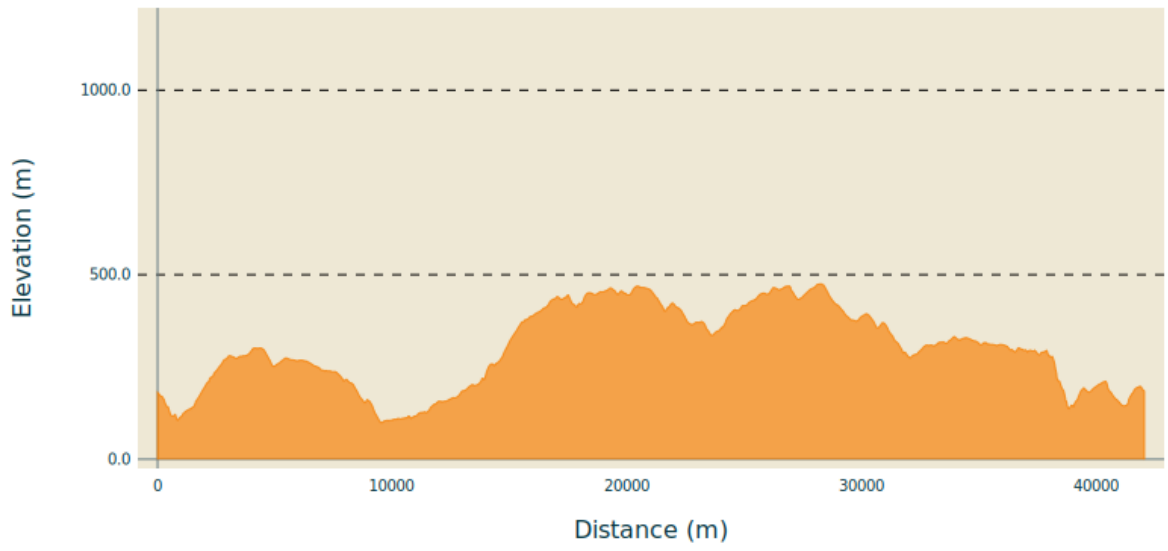
Place de la libération, 81600 Gaillac

info@latoscaneoccitane.com

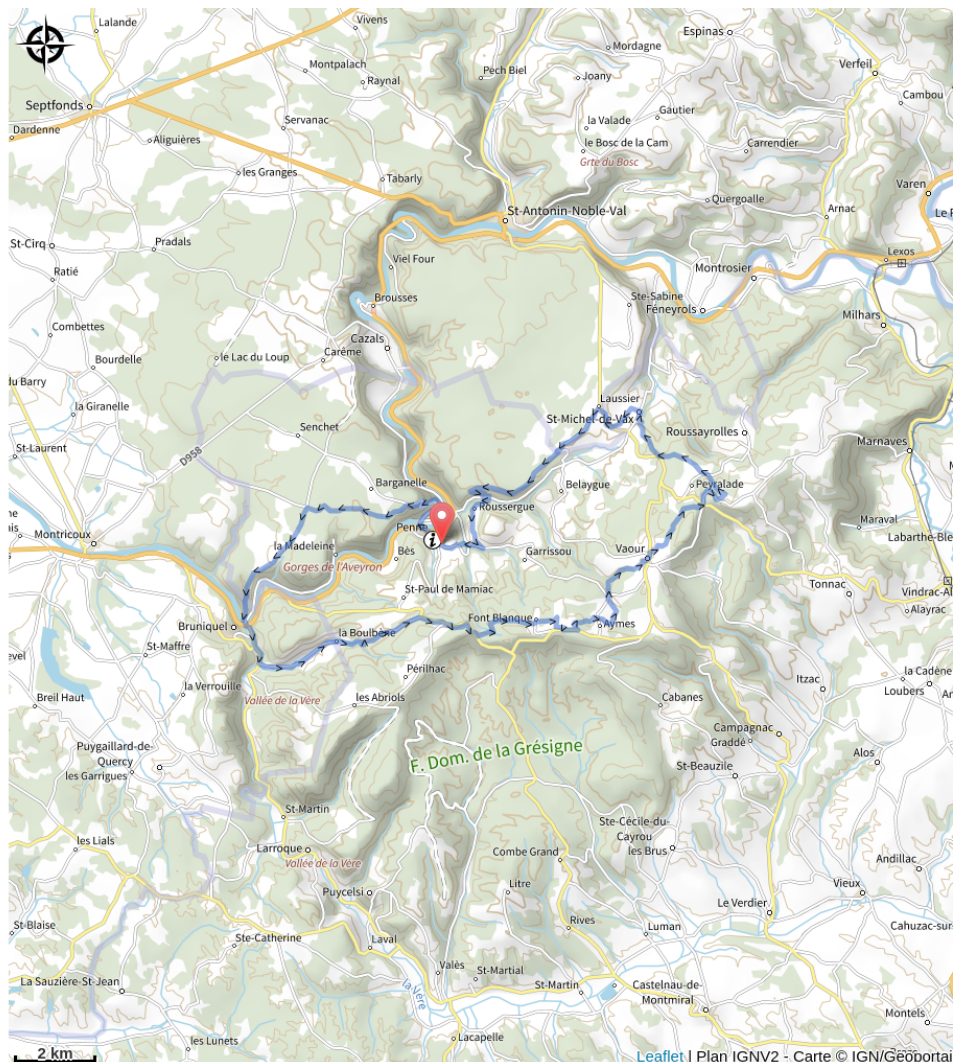
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Altimetric Profile



Min elevation 99 m Max elevation 475 m



Description

Starting from Penne, you descend towards the Aveyron River and then climb up to the Causse via a challenging uphill road. You cross the Causse and descend towards Bruniquel, enjoying a beautiful view of the castle overlooking the Aveyron Valley. You then gradually climb back up towards the hamlet of St. Paul de Mamiac and the Forêt de Grésigne, continuing to Vaour and its Templar Commandery. After crossing the village, you climb towards the heights via the Route de Liberté to the place called "La Fleur de Lys" before descending by the trails to the village of St. Michel de Vax. Finally, you follow the path across the plateau and cross the small valley of the stream "Le Bombic" before climbing up to the hamlet of Roussergues and its small 12th-century church, Notre Dame. A final climb to the village awaits to finish.