

# Petit Avaris hiking trail



② Easy ⌚ 2 h 30 <> 9.3km ⬆️ 363m ⬇️ -361m 📍 Loop

**Departure** : Hikers car park - Saint-Amancet

**Arrival** : Same as departure

**Markings** : — PR

**Cities** : 1. Saint-Amancet

Discover Saint-Amancet and the steep slopes of the Montagne Noire by walking through Saint-Amancet forest on this 9.1km route. This trail is named after the stream that runs through the valley. Saint-Amancet is part of the Haut-Languedoc Regional Nature Park.

## **i** Is In The Midst Of The Park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

## **⚠️** Advices

Respect the environment around the trail.

Do not pick flowers.

Do not disturb wildlife and herds.

Be careful on hunting days.

## **i** Information Desks

### **Bureau d'information touristique de Revel**

Place Philippe VI de Valois, 31250 Revel

Tel : 05 34 66 67 68

<https://www.auxsourcesducanaldumidi.com>

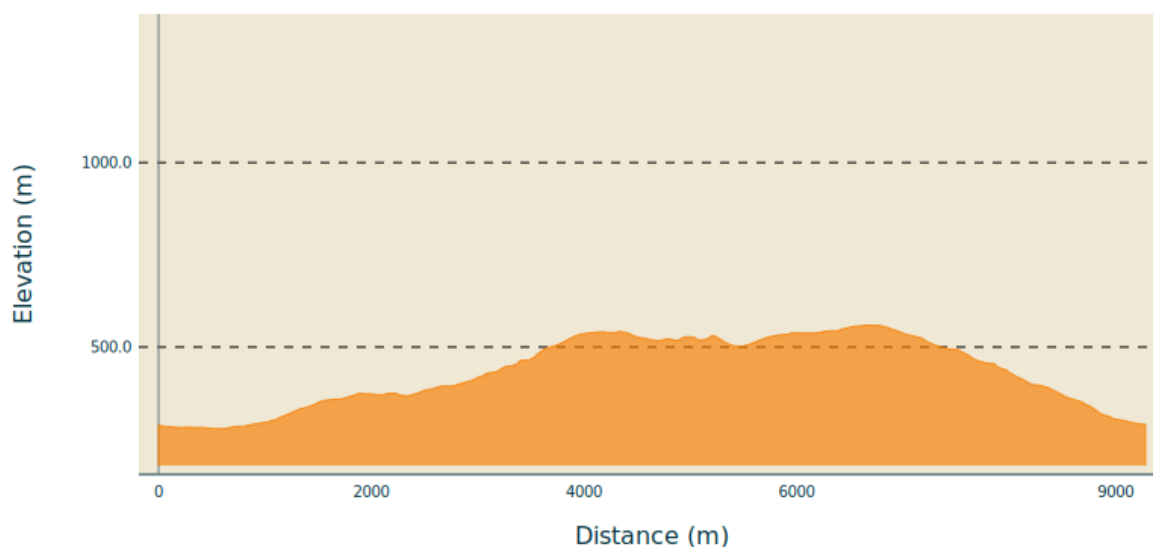
### **Bureau d'information touristique de Sorèze**

1 rue Pierre Fabre, 81540 Sorèze

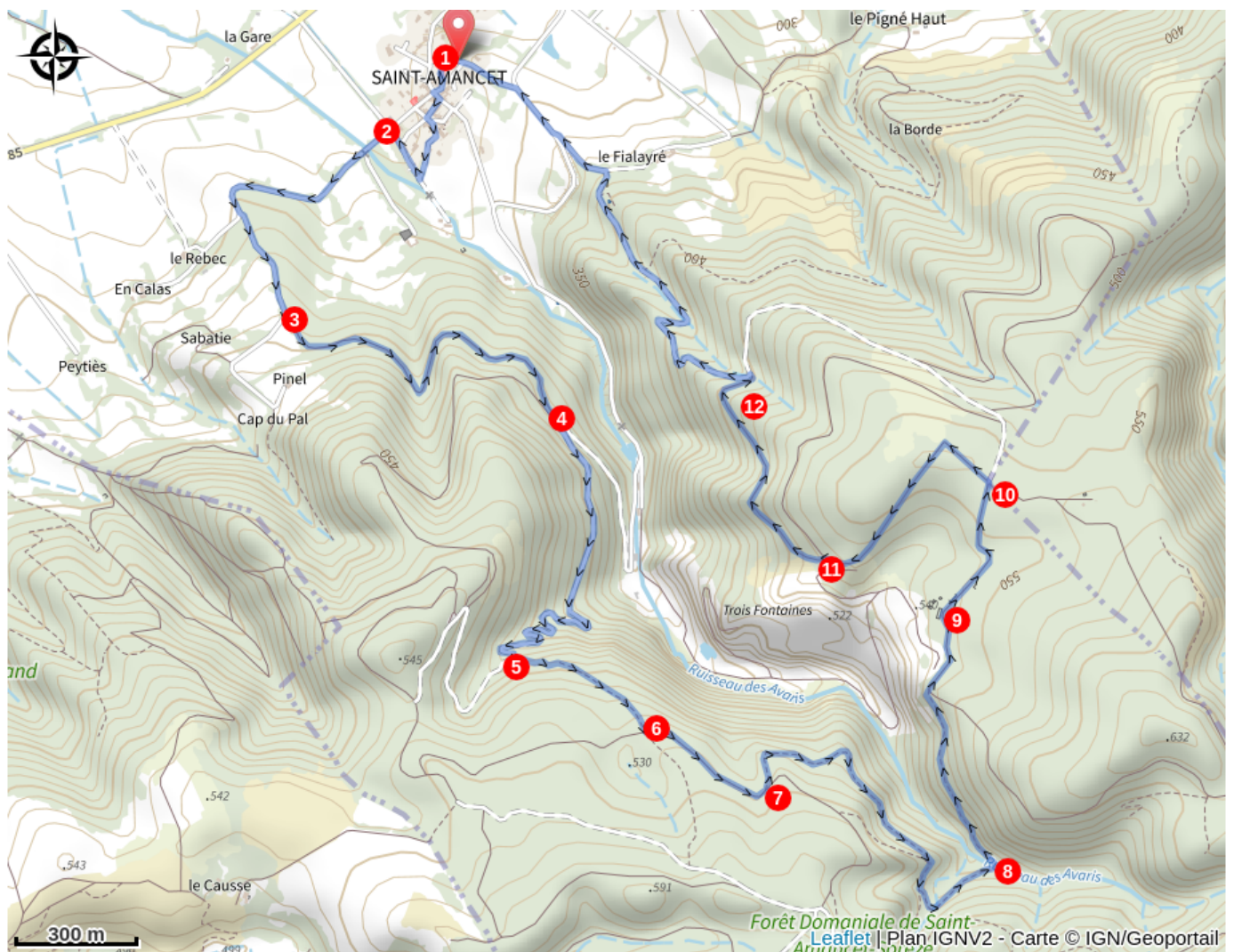
Tel : 05 63 74 16 28

<https://www.auxsourcesducanaldumidi.com>

## Altimetric Profile



Min elevation 279 m Max elevation 559 m



## Description

- 1 Turn left. Look out for the former public oven on the right and walk past the church. Next, cross go through the two squares where you will find refreshing fountains (toilets in front of the town hall). After the second square, take ruelle de la Canèla Vièlha, then turn right. You will see a stone bridge over a diversion of the Avaris on your left.
- 2 Turn left up the tarred road.
- 3 At a bend leave the road for a path on the left, closed by a chain.
- 4 Next crossroads, continue along the track.
- 5 After a few bends, turn left onto the track in the woods.
- 6 At the crossroads, turn left.
- 7 Turn left again. Head down to the Avaris stream.
- 8 Cross the stream and follow the path.
- 9 Note the ruins of Caussanel village.
- 10 At the crossroads called "des chasseurs" (hunters), turn left and follow the track.
- 11 As you go downhill, keep to the left.
- 12 Turn left when you reach the track. Carry on down to reach the tarmac road and then the car park.