

Lacapelle Sainte-Lucie circuit



③ Medium ⌚ 4 h <> 11.5km ↗ 305m ↘ -305m 📶 Loop

Departure : Saint-Félix Square, Les Cabannes

Arrival : Same place as the start

Markings : — PR

Cities : 1. Les Cabannes

2. Cordes-sur-Ciel

3. Mouzieys-Panens

From the hills of Mouzieys-Panens, the northern profile of Cordes commands attention: the medieval city stretches out like a sleeping dragon above the Cérou Valley, imprinting its presence on the walker who eagerly awaits the moment when the city's silhouette will reappear around a bend.

📍 Is In The Midst Of The Park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



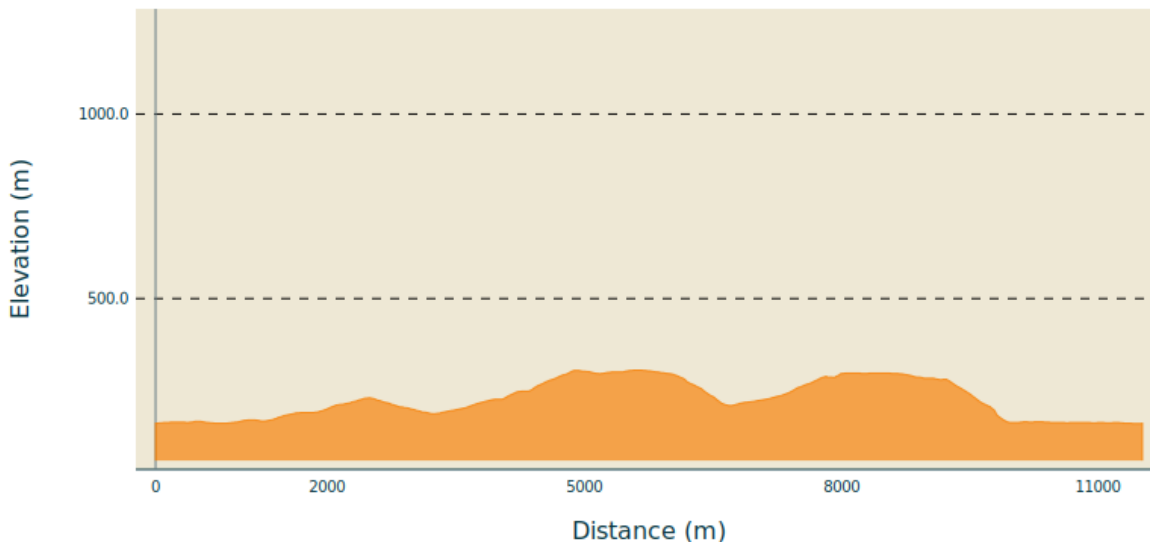
Labellisé FFRandonnée® Tarn

Cet itinéraire est labellisé FFRandonnée®. Il fait partie du réseau tarnais de chemins validé et reconnu par la Fédération Française de la Randonnée et les partenaires du Tarn comme de qualité supérieure.

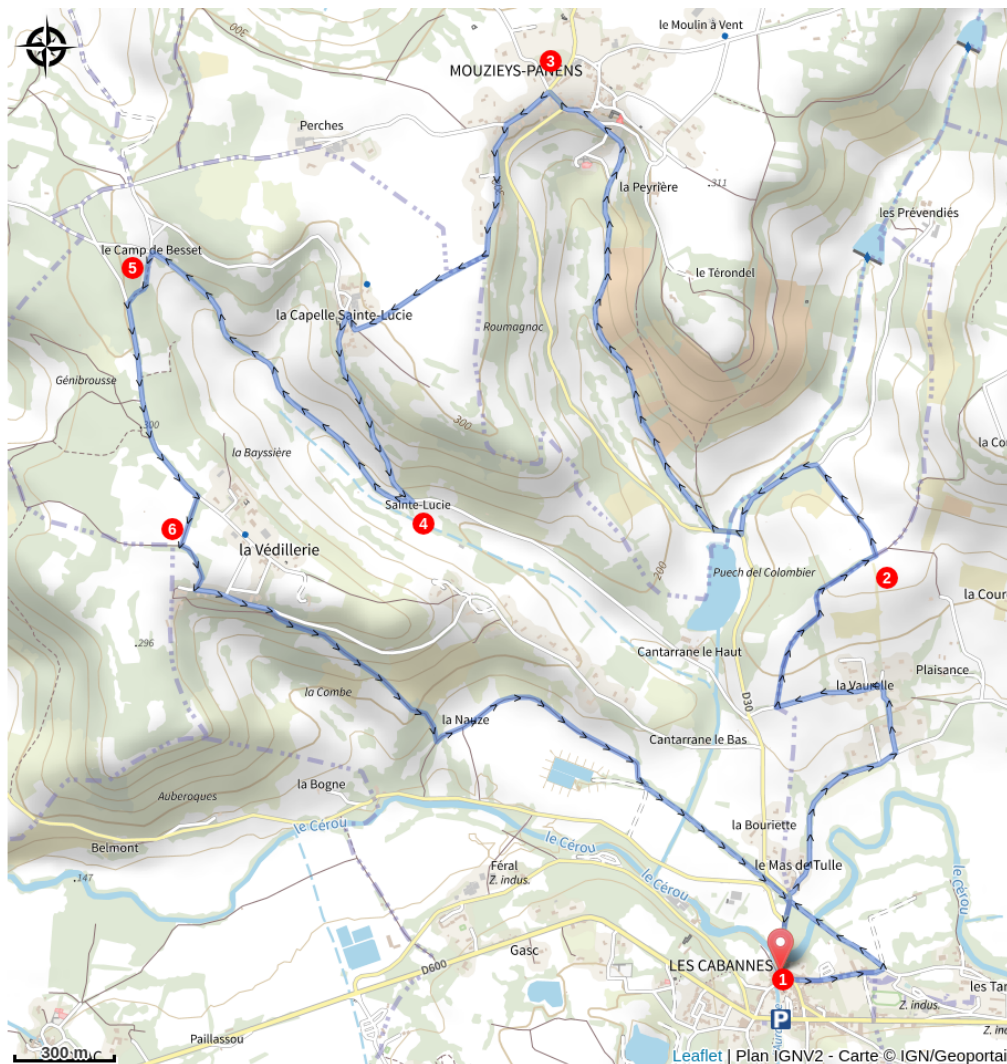
⚠️ Advices

The descent into the Bois de la Védillerie (after point 6) can be slippery in wet weather.

Altimetric Profile



Min elevation 161 m Max elevation 306 m



Description

- 1 Departure from Place Saint-Félix. Take Rue des Tanneries towards the Théâtre du Colombier and the bioclimatic primary school. After about 250 meters, join the old railway track on your left. When you reach the road, turn right towards Mas de Tulle. You will now follow the GR® 36 (white and red) for 2 km.
- 2 At the fork, leave the GR® 36 and take a path on your left that will lead you to a small paved road. Turn left and join the D30 road. Pass the Cantarrane-Le-Haut lake and the bridge, then follow the path that ascends to Mouzieys-Panens.
- 3 Cross the village, and at the Calvary, turn left towards "La Védillerie." Continue on the road until you reach the hamlet of Lacapelle-Sainte-Lucie.
- 4 At the crossroads, continue left along a path that leads to the old Sainte-Lucie Chapel (private property).
- 5 Go back up the road to the right. Behind the Camp de Besset house, turn left. Follow the path through the woods until you reach the road. Turn left (the route is shared with the GRP® Cordes-Penne).
- 6 At the "La Védillerie" sign, turn right and then left. After the last house, take a right onto a steep, somewhat hidden path under the trees (slippery when wet). In the valley, go left onto a wide grassy track, pass the Nauze, then reach the old railway track (viewpoint of Cordes-sur-Ciel). At the end, turn right and cross the Cérou bridge to return to your starting point