

From the Cérou to the Aveyron



③ Medium ⌚ 2 h 45 <> 10.2km ⬆️ 262m ⬇️ -263m 📍 Loop

Departure : Town Hall Square, Milhars

Arrival : Same place as the start

Markings : — PR

Cities : 1. Milhars

2. Le Riols

3. Saint-Martin-Laguépie

From the Plateaux du Combal and des Graves, the path opens up to the beautiful views of the Cérou and Aveyron valleys.

The rather dry highlands contrast, especially in summer, with the freshness in the valleys provided by the two rivers.

Heritage also makes an appearance along the path with the small Saint-Projet Church in Larroque (12th-15th centuries), which features a simple and rustic beauty.



Labellisé FFRandonnée® Tarn

Cet itinéraire est labellisé FFRandonnée®. Il fait partie du réseau tarnais de chemins validé et reconnu par la Fédération Française de la Randonnée et les partenaires du Tarn comme de qualité supérieure.

Information Desks

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10 route de Cordes, 81170 Milhars

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Tel : 0 805 400 828

<https://www.la-toscane-occitane.com/>

Office de tourisme - Accueil de Cordes-sur-Ciel

Maison Fonpeyrouse, 34 Grand rue Raimond VII,

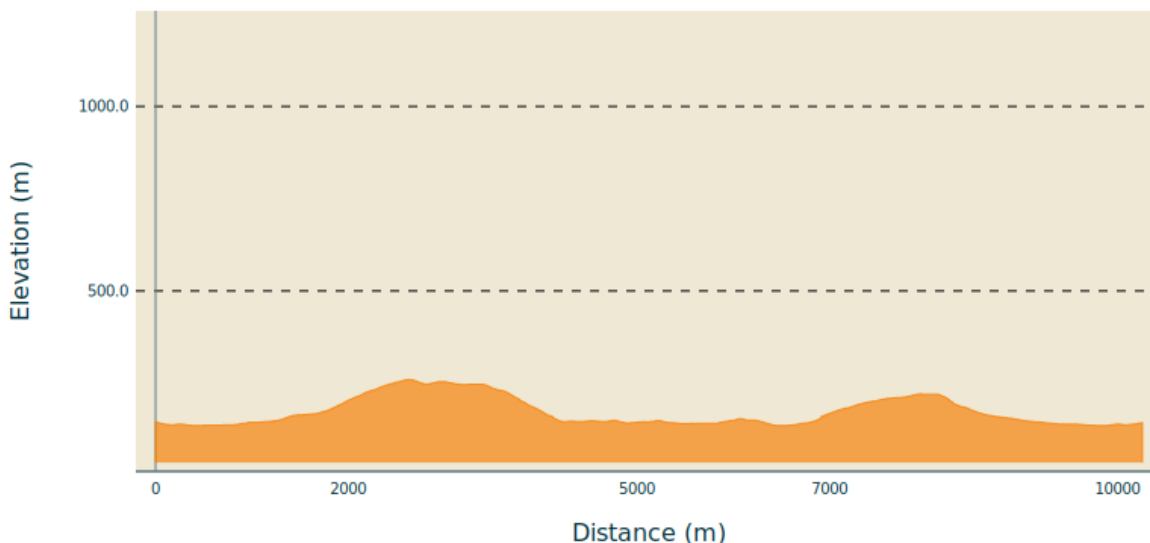
81170 Cordes-sur-Ciel

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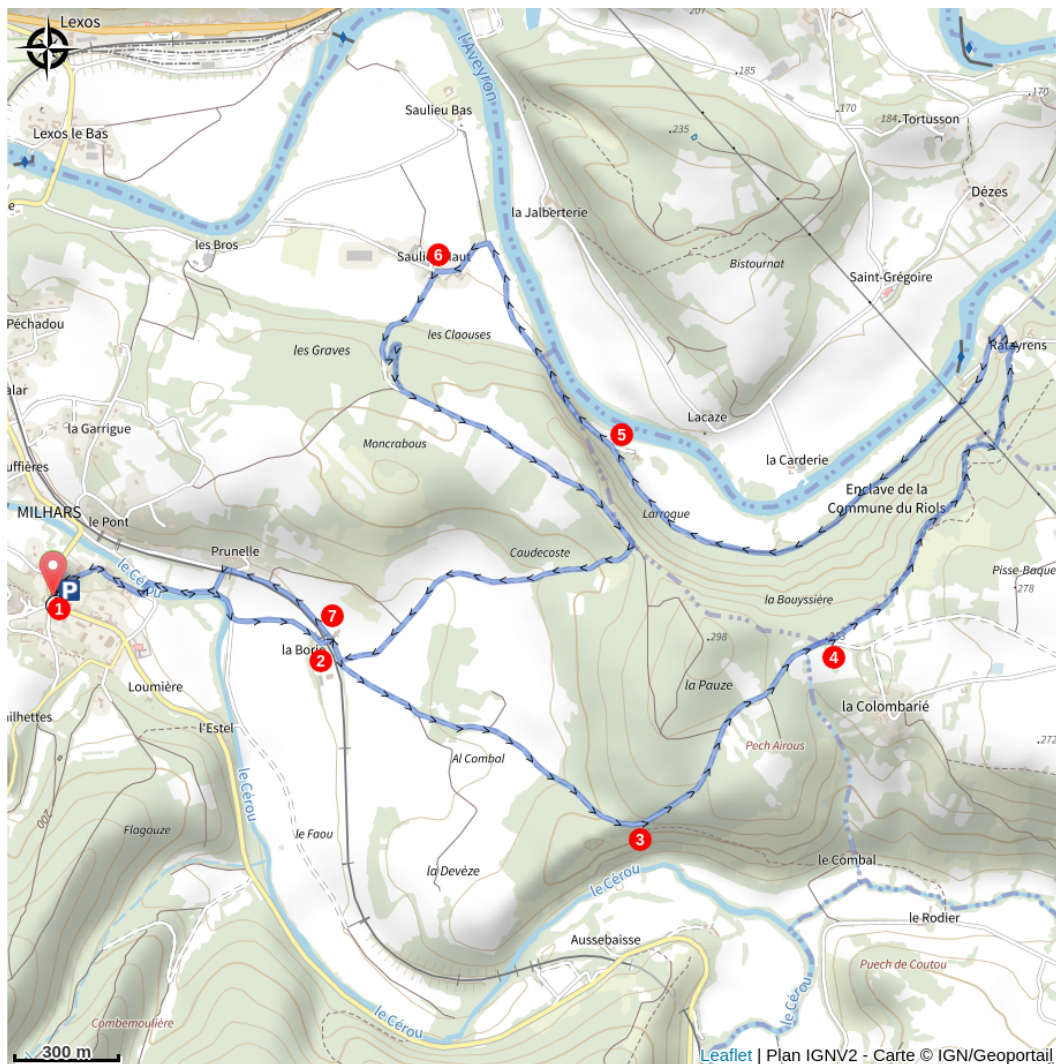
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Altimetric Profile



Min elevation 135 m Max elevation 260 m



Description

- 1 From in front of the Town Hall, take the small road to the right for 250 meters. Then cross the Cérrou River via the metal footbridge and turn right. Continue along the river towards La Borie.
- 2 Cross the railway tracks, turn right, and take the path that climbs straight ahead towards the hill.
- 3 You can pause to enjoy the beautiful viewpoint over the Cérrou Valley. Then resume on the path. Pass by the mobile home and, 250 meters later, turn left to take the small trail winding through the woods.
- 4 Follow this trail to emerge above the "castle" of Ratayrens, an old fortified house with original restoration. Turn left and follow the zigzagging road through the hamlet. Then turn left again and follow the Aveyron River.
- 5 Pass by the Saint-Projet Church in Larroque (be sure to take a look inside) until reaching Saulieu-Haut.
- 6 Turn left into the hamlet of Saulieu-Haut and ascend to the ridge that overlooks the two valleys (great viewpoint). Turn right and descend the Chemin de Caudecoste to return to La Borie. Enjoy the view of the Milhars Castle.
- 7 Head back towards Milhars along the road that follows the railway tracks. At Prunelle, cross the railway line to find the road and the metal footbridge taken on the way out. Continue until you reach your starting point, Place de la Mairie (Town Hall).