Le sentier des trois ruisseaux

Easy | 3 h 30 | 13.0km | 254m | -255m | Loop

Departure : Parking behind Dourgne town hall
Arrival : Same place as the starting point
Markings : PR
Cities : 1. Dourgne
2. Saint-Avit
3. Lagardiolle
4. Saint-Amancet

From the plain to the forest

The three streams trail lets you discover the plain of the foothills of the Montagne Noire and a sacred place in the Montagne Noire.

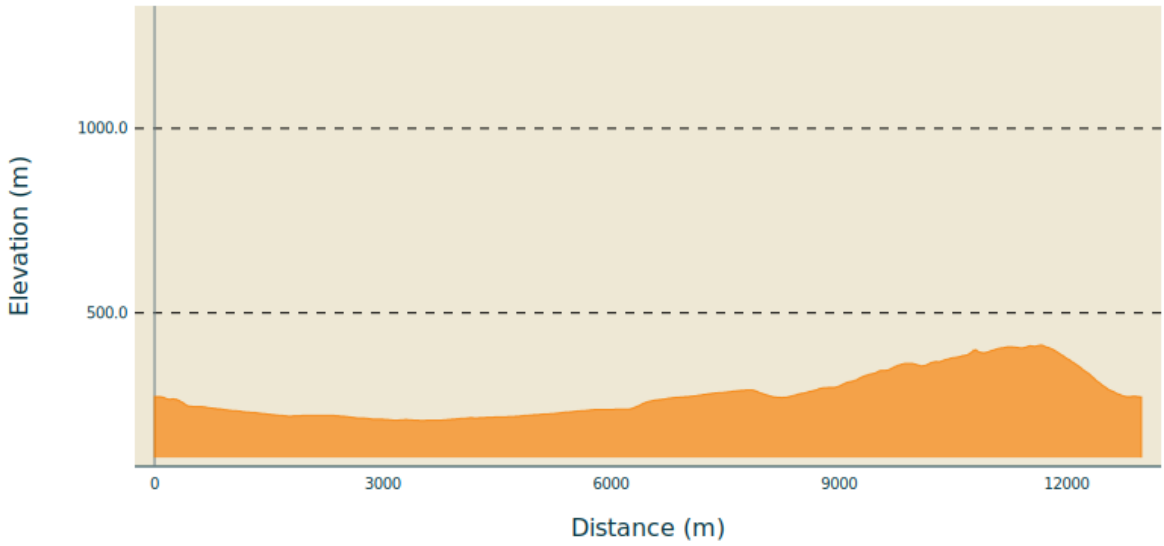
Hiking sheet to download

Information Desks

Bureau d'information touristique de Dourgne
rue du Maquis, 81110 Dourgne

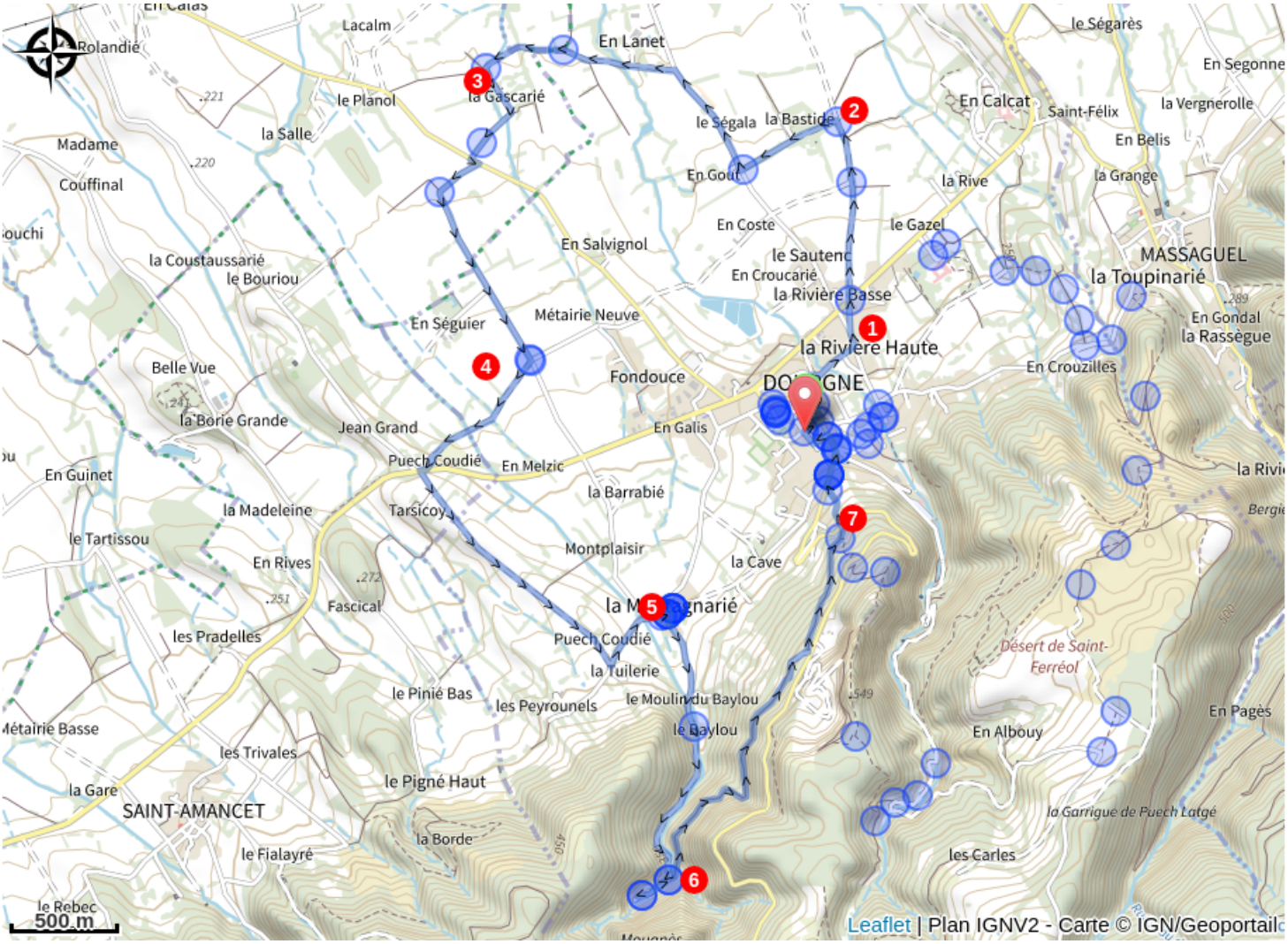
accueil.tourisme@communautesoragout.fr
Tel : 0 800 74 65 81
https://www.tourisme-sor-agout.fr/

Altimetric Profile



Min elevation 208 m Max elevation 413 m

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SIGNALER UN PROBLÈME
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Description

1. Take the alley that goes down to the left of the church and follow the slope crossing the first Taurou stream. At the "Y" intersection, turn right towards the gas station crossing the departmental road. Follow the markings as you advance into the plain to arrive at a section of the GR653.

2. Turn left into a large avenue of plane trees. At the end of the alley, turn right onto the road. Cross the Taurou again then walk through the fields towards the west, until the crossroads of 4 paths.

3. Turn left towards the hamlet of Gascarié, visible at the end of the path. After the old bread oven, the path becomes tarmac, turn right and cross the second Malric stream. Further along the road, turn right towards the new farmhouse by taking the path of En Séguier, shared with the GR.

4. Continue on this path to cross the third Melzic stream, and continue until the D85. Cross the road with great caution and join the track opposite marked "Tarsicoy" which goes towards the mountain and will take you to Montagnarié.

5. Arrive at the center of the hamlet of Montagnarié and turn right towards Baylou. Cross the Melzic again and continue straight on along the path that rises in the forest.

6. Possibility of reaching the chapel of Our Lady of Fatima a few meters higher by continuing straight. Take the path on the left between the rocks which returns towards Dourgne passing under the large quarry.

7. Cross the D12 to take a path which cuts the bends and finds the road lower down just before the entrance to the village. Return straight to your starting point.

Le Département du Tarn s'engage pour le développement maîtrisé des sports et activités de nature, en proposant une offre qualifiée. Retrouvez l'intégralité de cette offre sur le site et l'application mobile gratuite Tarn Pleine Nature